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# QUEENSLAND RUGBY UNION PREMIER RUGBY MEDICAL & SAFETY POLICY

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Policy No: QRU001 – Medical & Safety Policy

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# 1. Policy Overview

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## 1.1 Policy Statement

Queensland Rugby acknowledges it is obliged to comply with the Laws and Regulations of the game as issued by the Australian Rugby Union (ARU) and World Rugby (WR)

## 1.2 Policy Coverage

The policy applies to participants in all rugby competitions/matches played in accordance with the laws of the game of Rugby Union in Queensland.

## 1.3 Objective

The objective of this policy is to provide guidelines to Clubs on the measures required to ensure the game is played in a safe and enjoyable environment.

## 2. Definitions

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### 2.1 Definitions

- a) **ARU** is the Australian Rugby Union Ltd.
- b) **Club** means a body or organisation affiliated directly or indirectly to a Union.
- c) **Competition Manager** is the person deemed responsible for the day to day operational management of the competition.
  
- d) **Judiciary** is the Sub Committee as appointed by the Management Committee.
- e) **Management Committee** is the committee elected to oversee the management of the competition.
- f) **Medical Doctor** is defined as any person who has completed a recognised Medical degree and is registered by the Medical Board of Australia.
- g) **Premier Rugby** means the competition with the following grades:
  - a. Premier Grade
  - b. Premier Reserve Grade
  - c. Premier Colts (U19)
  
- h) **QRU** is the Queensland Rugby Union Ltd.
- i) **Sports Trainer** is defined as any person who has completed a recognised Sports trainer accreditation including First Aid and CPR certification and is a Sports Medicine Australia Nationally accredited Sports Trainer.
- j) **WR** is World Rugby

### 3. ARU Work Health and Safety

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3.1 <http://www.rugby.com.au/rugbylink/PolicyRegister/OccupationalHealthandSafety.aspx>

## 4. Premier Rugby Medical Requirements

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### 4.1 Medical Personnel

#### 4.1.1 Medical Doctor

Any club hosting games in the **Premier Rugby** competition is required to have a qualified **medical doctor** presenting at the ground for all games played in this competition.

The **medical doctor** must be made available to treat any incident or injury sustained by players from both competing teams. The Medical Doctor must be clearly identified by wearing an Orange bib / vest.

A **medical doctor** is to enter the field of play, as is permitted under WR Law 6.A.4(f), to attend an injured player when it is safe to do so and at an entry point that does not interfere with the run of play.

#### 4.1.2 Sports Trainer

Each team competing in the **Premier Rugby** competition is required to have as a minimum a Level 2 **sports trainer** in attendance for the duration of the match(s). They must be clearly identified by wearing a Yellow sports trainer's bib / vest.

A **sports trainer** is to enter the field of play, as per above, to attend an injured player when it is safe to do so and at an entry point that does not interfere with the run of play.

### 4.2 Medical Facilities

Any club hosting games in the **Premier Rugby** competition is required to have a dedicated medical room equipped with as a minimum the medical equipment listed in clause 4.3.

### 4.3 Medical Equipment

Any club hosting games in the **Premier Rugby** competition is required to have as a minimum the following medical equipment available:

First Aid Kit	Ice
Scoop Stretcher	Defibrillator
Examination Bed	Crutches
Light	Esky
Lockable Cupboard	Suture Instruments
Sink	Local Anaesthetic
Hot & Cold Water	Green Whistles
Rigid and Soft Collars	Dressings
Resuscitation Equipment	Sling/Splints